

7 Days Tanzania Walking Safari

📍 Nainokanoka, Bulati, Empakaai, Lemala, Ol Doinyo L'engai - Ngorongoro Conservation Area



7 Days Tanzania Walking Safari immerses you in Africa's beauty up close. Walking through the African bush, every scent becomes more subtle, and each sound has its own meaning. Unlike a rushed game drive, this walking tour allows you to notice the individuality of birds, butterflies, and even the smallest creatures. As you walk through these vast landscapes, the larger animals will meet you at eye level, offering a unique connection to nature that is both intimate and awe-inspiring. This 7 Days Tanzania Walking Safari leads you through the spectacular landscapes of the **Ngorongoro Crater Highlands**, including **Olmoti** and **Empakaai Craters**, ultimately reaching **Lake Natron**. As a highlight, you have the chance to attempt the climb of [Ol Doinyo L'Engai](#), also known as the "Mountain of God" by the Maasai. The trek offers breathtaking views of the Rift Valley and provides a rare glimpse into the daily lives of the Maasai people. The trail is not only about the landscape, but also about the wildlife and cultural encounters. You'll hike through wild grasslands, mountainous terrain, and volcanic-scarred savannahs. Along the way, you'll encounter stunning flora and fauna, making every moment unforgettable. In addition to the adventure, this walking safari offers rich learning experiences about the history, traditions, and practices of the Maasai. Experience the raw beauty of Africa on foot, discovering a different side of Tanzania through this unforgettable safari experience.

Tour Facts

Language:
English, Germany, Spain

Duration:
7

Tour Type:
continuous

Tour Itinerary

Day 1 : Arrival and Briefing



Upon arrival at Kilimanjaro International Airport you will be transferred to your accommodation where your guide will meet you for a full briefing and equipment check.

Overnight will be at African Tulip Hotel

Meals Included Dinner ,	Duration 3 Hours
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Day 2 : Ngorongoro Conservation Area/Nainokanoka Village



This morning you will depart from your hotel and travel to Ngorongoro Conservation Area, enjoying a game drive in the crater. Afterwards ascend and drive to your camp. Settle into your first campsite and prepare for your first trek in the morning.

Overnight will be at Nainokanoka Village

Meals Included Breakfast , Lunch , Dinner ,	Duration 6 Hours
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Day 3 : Nainokanoka to Bulati



Leave Nainokanoka with our guides, cooks and donkeys for a day of hiking to Bulati Village. Wild animals can be seen, such as Thompson and Grants gazelle, zebras and wildebeest. Where there are many animals, hungry jackals are not far away and high in the sky majestic eagles watch their every move. Approximate trekking time of 5 hours, covering 16kms. Tonight, you will sleep at an elevation of 2,650m.

Overnight Bulati Village (no showers & limited toilet facilities)

Meals Included Breakfast , Lunch , Dinner ,	Duration 5 Hours
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Day 4 : Bulati to Empakaai



We will Leave this morning to trek to Empakaai. The walk offers spectacular views of both recent and ancient volcanic mountains, including Kilimanjaro, Meru, Olmoti Crater, and Lolmasin. The Empakaai Crater is 300m deep with almost half the floor covered by a soda lake. Bushbuck, buffalo, and blue monkey can be seen on the rim, which on a clear day boasts superb views to Ol Doinyo L'Engai, Mount Kilimanjaro, and Lake Natron. During the night you may hear flamingo calls as they return to their breeding ground at Lake

Manyara and Lake Natron. Approximate trekking time 4-5 hours covering a distance of 9kms. Tonight, you will sleep at an elevation of 3,100m.

Overnight Lemala Ngorongoro Tented Camp

Meals Included
Breakfast , Lunch , Dinner ,

Duration
6 Hours

Day 5 : Empakaai to Lemala Ngorongoro Tented Camp



Morning descent into the Empakaai crater. A well-maintained track goes to the crater floor. The alkaline/soda lake found there is an important source of food for flamingos, which can be seen throughout the year. The crater floor is also home to a variety of antelope and aquatic birds. Return to the crater rim, where the trek will begin to move away from the Ngorongoro Conservation Area and the landscape becomes drier and warmer, as we head towards Acacia Camp.

Approximate trekking time 5 hours over a distance of 13kms. Sleep at an elevation of 3,200m.

Overnight Lemala Ngorongoro Tented Camp

Meals Included
Breakfast , Lunch , Dinner ,

Duration
5 Hours

Day 6 : Ol Doinyo L'engai



Shortly after midnight, you start climbing Ol Doinyo L'engai, the Maasai's Mountain of God. This ascent requires good levels of fitness, as the track to the top is very steep, climbing in altitude from 800m to 3000m. The ascent can take anything from 8-14 hours with no shade, hence an early start. Return to camp around 11:00 is for brunch. Once

back at camp, you have an afternoon to sleep and recover from your climb. Approximate trekking time 8 to 14 hours covering a distance of 15kms. Sleeping elevation tonight will be 2,600m.

Overnight Lake natron Tented Camp

Meals Included
Breakfast , Lunch ,

Duration
6 Hours

Day 7 : Departure



This morning you start driving back to Moshi and you will be transferred to Kilimanjaro Airport in time for your flight, or if you've decided to extend your Tanzanian adventure, begin the next part of your journey!

Meals Included
Breakfast , Lunch ,

Duration
6 Hours